

Oshawa Food Banks

Adventist Community Services Centre – Pastor Edgar

1170 King St. E. Oshawa, ON

Phone: 905-433-8800

Hours of Operation: Wed 12:30 - 2:45 & Thurs
9:00 - 2:45

New Life Neighborhood Centre- Nanisa Perry

33 Olive St. Oshawa, ON, L1H 2N7

Phone: 905-404-2004

Hours of Operation: 2nd Sunday of the month 9-11
Or, call for appointment

Salvation Army- Miya Robertson

45 King St. E, Oshawa ON, L1H 1B2

Phone: 905-723-7422 x21

Hours of Operation: Mon-Thurs 1:00pm-3:30pm

Simcoe Hall Settlement House-

Maria Georgeitsopolous

387 Simcoe St. South, Oshawa, ON L1H 4J2

Phone: 905-728-7525

Hours of Operation: Mon, Tues, Thurs, Fri,
9:00,11:30,1:00,3:15

St. Peter's Food Bank- Rosemary Doucette

1175 Cedar St. Oshawa, ON, L1J 3R8

Phone: 905-728-8080

Hours of Operation: Each Tues (except 5th Tuesday)
6:00-7:00pm

The Eating Well Ministries- Ed Simpson

73-1 Celina St. Oshawa, ON, L1N 4N1

Phone: 905-579-1706

Hours of Operation: By appointment please call

All food banks listed are for Oshawa residents only

Our Location



Please visit us at

www.ochc.ca

905-723-0036



Oshawa
Community
Health Centre

Oshawa Community Health Centre



Food Security



Good Food Box

In partnership with No Frills located on Bloor Street, Oshawa Community Health Centre has started a Good Food Box Program. Open to residents of Oshawa, it operates on a first come first served basis. The cost for a Good Food Box is \$20.

Check our website for order due dates and delivery locations.

www.ochc.ca

For registration please contact Ana
905-723-0036 ext 227.



Fresh Produce Monday's

In partnership with Feed the Need, Oshawa Community Health Centre provides a bag of fresh produce to its clients.

This program is open to Oshawa Community Health Centre clients only and is available on a bi-weekly basis. You must pre register for this program at the front desk. This program operates every Monday excluding holidays.



If you would like an opportunity for a community plot at Oshawa Community Health Centre
Contact Ana 905-723-0036
Ext 227

Local Farmer's Markets

Oshawa Centre Farmers' Market

Parking lot in the Oshawa Centre,

419 King St. W, Oshawa

Hours: May to October

Fridays 8:00 a.m. to 5:00 p.m.

Contact Lynn McLaughlin 905-686-6408
ext. 224

North Oshawa's Farmers' Market

Parking lot in the Legends Centre

1661 Harmony Rd. North Oshawa, ON L1H 7K5

Hours: June 12th to October 30th

Saturday's 9:00 am to 2:00 pm

Durham Region Farmers' Market Association

Parking lot in the Old Fire Hall

201 Brock Street South Whitby, ON

Hours: May 19th to October 22nd

Wednesday's 9:00am- 4:00pm

Contact Meredith Bruni Chairperson

905-655-3440

merbruni@rogers.com

